



IVCH UNITED WAY CAMPAIGN

October is traditionally United Way month at IVCH and that's the case again this year when pledge cards will be distributed to all employees by their department managers.

If you're looking for a charitable cause to give to that you know will use the bulk of your contribution to help local people in need, the United Way of Illinois Valley should be high on your list.

Seventeen area human services agencies benefit from an annual fund drive organized by the local United Way office, which has just one paid employee, Julie Sloan.

"We are very appreciative of all the support you have given us in the past and we invite you and are hopeful you will help us again this year." said Sloan in a message to IVCH employees.

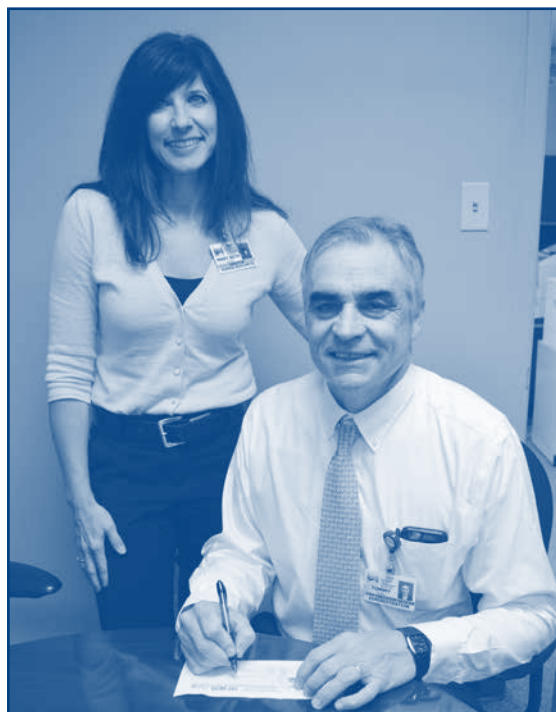
This year's community-wide goal for the United Way of Illinois Valley is \$290,000. If you're worried about your donation leaving town, only 1% of the money raised locally is sent to the United Way of America and the United Way of Illinois.

WHAT YOU CAN DO

You can help United Way either by giving a cash contribution or through payroll deduction, which won't start until the first pay period of 2019.

If you elect to give, return your completed pledge card to your department manager, the human resources department, or the public relations office.

If you lose your pledge card, send a message to public.relations@ivch.org to have one sent to you or drop by the Human Resources or



United Way of Illinois Valley board of directors member and IVCH human resources director Mary Beth Herron watches Tommy Hobbs, IVCH chief executive officer, sign his United Way pledge card.

Public Relations offices to pick one up or call Gene Vogelgesang at ext. 3521 and he will bring one to you.

Last year, IVCH employees contributed \$7,861 in cash and pledges to United Way. This year's campaign has a \$8,500 goal.

Here's a list of the agencies the United Way of Illinois Valley supports:

Illinois Valley Food Pantry – provides food and material assistance to persons or families who are unable to provide for their basic requirements.

Lighted Way Association – Located in LaSalle, Lighted Way strives to improve the quality of life for students with disabilities.

Center for Youth and Family Solutions – provides counseling programs to help families.

Prairie State Legal Services – helps low income people resolve legal problems.

Youth Service Bureau of Illinois Valley – sponsoring The Kids' Place day care center in LaSalle and the Ladd After School Program.

Dani-Brandon Center for Children – helps child victims of sexual and/or physical abuse.

Horizon House – Helps people with disabilities live as independently as possible.

ADV & SAS – Services to assist victims of domestic violence and their minor children.

*IVCH United Way Campaign
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EXCEPTIONAL SERVICE AWARDS

IV Healthcorp employees and volunteers who received WOW! Service Excellence Awards in August include:

Jessica Allen (2)	Mary Husser	Natalie Pelszynski
Tiffany Bardell	Sally Jenkins	Jenna Peterson (4)
Annabelle Bedenko	Melissa Kelly	Dan Postula
Gunjan Bhattacharya	Emma Knirlberger (3)	Candace Ramirez (3)
Dr. Paul Bonucci	Mark Kotecki	Liz Ramirez
Angie Boucher	Tammy Kress	Marsha Roliardi
Jessica Brucki	Lynn Manriquez (2)	Vanessa Rosales (2)
Cindy Cadegiani (2)	Adam Maubach	Michelle Serpico
Lori Casey	Ed May	Amy Siekierka
Dana Colby	Kayla Mayszak	Carol Siemers
Angela Davis	Courtney McCoy	Hannah Standley
Charlene Dean-Jones	Colleen McKenna (2)	Vicki Strait (2)
Michaela Denault	Andrea Mecum	Jessica Stuart
Jenny Diaz (2)	May Miguel	Becca Suarez (2)
Holly Dickey (2)	Shayna Miranda	Kendra Taylor (2)
Cassie Essl (2)	Dawn Moutray	Alison Theisinger
Linda Gaul	Teri Mueller	Krissy Tierney
Megan Gerbitz	Ashleigh Newmarker	Dawn Verucchi (3)
Allie Gramer (4)	Relynn Olivero	Roberta Wendell (2)
Maria Guzman	John Patyk	Brittany Wollack (2)

CROSS COUNTRY BICYCLIST STOPS AT IVCH



An Oregon man riding his bicycle from one coast to another to raise awareness of breast cancer stopped by IVCH August 22. Brent Bundy, 50, said he left Seaside, Oregon, June 1st and hopes to get to Staten Island, New York, by mid-October. He said he is making his journey in honor of a friend who died of breast cancer. An avid long-distance bicyclist, Bundy said this was the 6th time he had been through Peru but his first time stopping at IVCH.

PATIENT SURVEYS

IV Healthcorp employees and physicians who mentioned by name in a positive manner on patient surveys returned in August include:

Traci Aimone (2) • Jessica Allen • Christine Askeland (2) • Deb Baker (2) • Jessica Barringer • Amy Barto • Tara Beemblossom • Alyssa Bernard • Liz Birkey
 Bonnie Bottenberg (2) • Amanda Brown • Carrie Burr • Cindy Cadegiani • Dr. Ricardo Calderon • Hope Cantu (2) • Dr. Mario Cote (4) • Darla Crane
 Maryfran Crist • Jane Curry • Diane Davis • Dr. Kelly DeBoer • Jen Diaz • Kirsten Eddy (3) • Liz Edgcomb • Erica Esquivel • Dr. Mark Fernandez (2)
 Dave Fessler (5) • Deb Fewell • Tess Freiburg • Jennifer Goforth • Dr. Serge Golber (3) • Dr. Kemia Granberry (2) • Alexis Green-Ortiz • Carmen Grey
 Emily Grivetti (2) • Alyssa Heider (2) • Patti Holland • Stephanie Holmes • Mary Husser • Melissa Jackson-Budach • Mary Jauch (2) • Dr. Ioannis Karkatzounis
 Melissa Kelly • Lori Komater (2) • Diana Kurtz • Wendy Lamboley • Melissa Lenhausen (2) • Cathy Lenkaitis (2) • Jacqueline Ma • Chandler Majerus
 Amanda Manhan-Moisant • Lynn Manriquez • Sonia Marquez • Kristina Martin • Angela Massutti • Melissa Mata • Alex Matheson • Adam Maubach (4)
 Kim McTee (3) • Becky Meier • Dr. Peter Meier • Amy Mertes (7) • Kylie Moore • Dawn Moutray (2) • Brooke Nevins • Jeny Orozco • Dr. Anju Patel
 Mary Petre (2) • Erica Pierski • Angela Pikula (2) • Mary Pini • Holly Piper • Tracy Platt • Bridget Potthoff • Deb Puetz • Deb Pyszka • Candace Ramirez
 Cyndy Rehbolz • Cathy Renk • Candi Reppin • Tessa Risatti • Ashley Rosales (2) • Anna Rybarczyk • Dr. Sabir M. Rahmany • Alondra Salinas • Emily Sanchez
 Jennifer Sangston • Daniela Santoy • Rita Schiffbauer • Sarah Schmidt • Mary Schmitz • Michelle Serpico • Hannah Standley • Amy Stone (3) • Melissa Strom
 Kendra Taylor • Barb Tieman • Pam Tondi • Sue Tutko • Sylvia Twardowski • Dr. Michelle Vasquez • Angela Vezzetti • Jody Vlaovic (2) • Kayla Wagner
 Sue Wagner • Lori Woods-Way • Brooke Yucus

BRITNAE LEWIS JOINS OGLESBY MEDICAL CLINIC

Family nurse practitioner Britnae Lewis has joined the staff of the IVCH Oglesby Medical Clinic, filling a spot left vacant with the departure of Angela Massutti, FNP. Lewis was a nurse in the IVCH obstetrics unit before obtaining her nurse practitioner credentials from Maryville University in St. Louis. She earned her BSN degree at Northern Illinois University following graduation from Illinois Valley Community College. Other medical providers at the Oglesby clinic include Kelly DeBoer, MD; David O'Donnell, DO and Patricia Blackburn, PA-C.

NEW HOME FOR WOWS

There's a new IVCH staff member processing WOWs. If one of your co-workers gives you a WOW for a job well done, you can redeem it by taking the form to Jheri Emmerling in the IVCH Foundation office on 2R and telling her whether you want IVCH Bucks, a car wash token or a café meal ticket as your reward. You can earn one WOW per quarter or four in a rolling 12-month period.

PHYSICIAN NAME CHANGE

Dr. Muhammad Sabir has changed his name to Dr. Sabir M. Rahmany. The IVCH emergency department physician has been a member of the hospital's medical staff for nine years.

IF IT'S OCTOBER, IT MUST BE. . . .

- National Breast Cancer Awareness Month
- Domestic Violence Awareness Month
- Health Literacy Month
- Liver Awareness Month
- National Medical Librarians Month
- Medical Ultrasound Awareness Month
- Patient-Centered Care Awareness Month
- American Pharmacists Month
- National Physical Therapy Month
- AIDS, Pregnancy and Infant Loss Awareness Month
- "Talk About Your Medicines" Month

PLUS

- | | |
|---------------|---|
| October 1-7 | National Midwifery Week |
| October 6-12 | National Physician Assistants Week |
| October 7-13 | National Case Management Week |
| October 7-13 | Emergency Nurses Week |
| October 7-13 | Healthcare Food Service Workers Week |
| October 7-13 | Healthcare Security and Safety Week |
| October 7-13 | National Healthcare Supply Chain Week |
| October 7-13 | Mental Illness Awareness Week |
| October 7-13 | Nuclear Medicine and Molecular Imaging Week |
| October 14-20 | Central Service Week |
| October 14-20 | International Infection Prevention Week |
| October 15-19 | National Nephrology Technicians/Technologists Recognition Week |
| October 15-19 | Nuclear Science Week |
| October 21-27 | National Health Care Facilities and Engineering Week (National) |
| October 21-27 | Pastoral Care Week/Spiritual Care Week |
| October 21-27 | National Respiratory Care Week |
| October 22-26 | Medical Assistants Recognition Week |

HAPPY BIRTHDAY VOLUNTEERS!

Please wish a Happy Birthday to the following volunteers: Tom Lewis, Red Coat (10/1); Kathy Arboit, Auxiliary (10/5); JoAnn Orlandini, Auxiliary (10/6); Lisa Hobbs, Auxiliary Secretary (10/9); Marlene Wadas, Auxiliary (10/13); Marsha Roliardi, Lobby Shoppe Coordinator (10/26); and Betty Potthoff, Auxiliary (10/31).

AUXILIARY NEWS

The next Auxiliary meeting will be October 2 at 10 a.m. in Conference Room C. Here's the October vendor schedule:

- The Nut Man will be back in the Cafeteria on October 2 and 3
- There's a Bake Sale on October 5 from 7a.m.-11a.m.
- The South Bend Chocolate Company will be here October 25 and 26. Lots of fun and goodies this month!

JOAN FERNANDEZ AMONG BCR'S 2018 "WOMEN OF DISTINCTION"



Joan Fernandez (center), IVCH community outreach coordinator, has been selected as a recipient of the Women of Distinction Award sponsored by Illinois Valley Living magazine. IVL representatives Ashley Oliver (left) and Erica Oertel came to IVCH September 7 and surprised Fernandez with the announcement. She is one of six women who will be presented with the award at an October 18 event at The Cider Mill in Princeton.

THANK YOU, BLOOD DONORS

IVCH hosted an American Red Cross Blood Drive August 28 with the support and help of two volunteers, Evie Coulter and Joan Rundle. Below are the staff and volunteers who donated.

- | | |
|--------------------|---------------------|
| • Jessica Bautista | • Barbara Kozlowski |
| • Danielle Bourell | • Wendy Lamboley |
| • Darla Crane | • Jennifer Oleson |
| • Jim Duttlinger | • Erica Pierski |
| • Jheri Emmerling | • Allison Rooney |
| • John Eustis | • Ashton Smith |
| • Joan Fernandez | • Megan Stephens |
| • Alyssa Giordano | • Amy Stone |
| • Cindy Herrmann | • Brandy Wehr |

The next IVCH Blood drive is scheduled for Monday, November 26 from 10 a.m. until 3 p.m. in the conference room of the Sixth Street office building.

*IVCH United Way Campaign
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Illinois Valley Center for Independent Living – helps persons with disabilities realize their potentials.

Illinois Valley YMCA – The Y programs funded by United Way include providing quality care while kids are out of school.

LaSalle County CASA – (Court Appointed Special Advocates) – advocates for the best interests of abused and neglected children in the LaSalle County court system.

Alternatives for the Older Adult – promotes the quality of life and independence of older adults.

Bridges Senior Center – provides older people and caregivers with educational and recreation programs, help with forms and other services.

Girl Scouts of Central Illinois – building girls of courage, confidence and character. United Way funds to provide financial assistance to local girls in need.

Boy Scouts of America WD Boyce Council – prepares young people to make ethical and moral choices by instilling in them the values of the Scout Oath and Law.

In-Home Care VNA – provides health care in the home to persons with medical needs.

Mendota Area Senior Services – United Way funding supports transportation services for elderly citizens in the rural areas of ten townships in LaSalle County.

Find out more about the United Way of Illinois Valley by going to www.unitedwayiv.org.

NEW SODEXO MANAGER AT IVCH



Jason McClain (right) is the new Sodexo General Manager for Food and Environmental Services at IVCH. Originally from the west suburbs of Chicago, McClain, who has family in the Ottawa and Seneca area, had been working at Northern Arizona University, where he was in charge of campus dining. Handing him the keys to his office is Andy Kastanas, who had been the IVCH temporary Sodexo manager.

SHANNON SPENCER WINS DAISY AWARD



Shannon is pictured just to the left of the cinnamon rolls. Congratulating her, from left, are Dave Fessler, Mary Pini, Sonya Marquez, Rose Mary Carrico, Dasia Beals, Mary Pinter, Liz Edgcomb, Cyndy Rebholz, Emma Knirlberger, Abby Coutre, Cindy Cadegiani, Marisa Henry and Lexanne Jarosz.

Attention to detail and concern for her patients earned Shannon Spencer, RN, the latest Daisy Award to be presented at IVCH. She received two nominations, one from Jane Smithson: "She explained the tests to me, the IV meds, the continuous bladder irrigation, and the pain meds. She and the aides helped me to the bathroom so many times the first day. Shannon was genuinely concerned with my comfort and well-being that first awful day and for the four days I was on 3 South before my surgery. Shannon reassured me, let me know what to expect and gave great care. It meant so much to me and I'm grateful I had her as my nurse."

IVCH HAPPENINGS

October 2018

NINETEEN WELCOMED AT SEPTEMBER'S NEW EMPLOYEE ORIENTATION



Standing, from left, are James Danner, Sodexo; Nichole Mitchem, Diagnostic Imaging; Jessica Grove, Peru Primary Care; Lisa Hansen, Pharmacy; Amy Webster, Patient Access; Xena Ginter, Laboratory; and Cardia Smith, Nursing Services. Seated, from left, are Janie Alexander, Nursing Services; Vanessa Puga, Nursing Services; Victoria Dann, Nursing Services; and Kylie Arkels, Physical Therapy.



Standing, from left, are R.J. Salazar, Nursing Services; Thomas Mateika, Nursing Services; Kathryn Brennan, Nursing Services; and Imelda Alfaro, Oglesby Medical Clinic. Seated, from left, are Alexandria Lundeen, Laboratory; Darian Sims, Laboratory; Lauran Kirgan, IV Orthopedics; and Morgan Schlosser, Adult Day Center.

IVCH DIABETES PREVENTION PROGRAM ADVANCING TOWARD FULL RECOGNITION



Deb Redd talks to the IVCH diabetes support group that meets in the hospital's room at Peru Mall.

The Illinois Valley Diabetes Center for Excellence at Illinois Valley Community Hospital has taken an important step toward achieving a significant federal designation.

The IVCH Center has been notified by the Centers for Disease Control and Prevention that its diabetes prevention program has received CDC preliminary recognition.

"We appreciate your participation in the National Diabetes Prevention Program and we are committed to working with you to do everything we can to ensure your continued success as a critical member of our national effort," said Ann Albright, RDN, director of the CDC's Division of Diabetes Translation, in a letter to Deb Redd, IVCH certified diabetes educator and the local program's coordinator.

Full recognition of the IVCH diabetes prevention program could come within a year, said Redd. She said the goal of the program is to help people with prediabetes prevent or delay type 2 diabetes and other serious health problems and also to improve their overall health.

The CDC says diabetes has an enormous economic impact on millions of individuals and their families, on workplaces, and on the U.S. health care system. Data indicates:

- In 2017, the total estimated cost of diagnosed diabetes was \$327 billion (\$237 billion in direct medical costs and \$90 billion in lost productivity), up 26% over a 5-year period.
- About 1 in 4 health care dollars is spent on people with diagnosed diabetes.
- Medical expenses for people diagnosed with diabetes – \$16,750 annually on average – are about 2.3 times higher than for people without diabetes.

For more information about the IVCH Diabetes Center for Excellence, call 815-780-3576.

IN SYMPATHY

The entire IVCH family wishes sincere sympathy to

- Lisa Hoffert, Women's Health Care Center, on the loss of her mother, Elizabeth "Betty" Corsolini;
- Cindy Schlesinger, Diagnostic Imaging, on the loss of her mother-in-law, June Schlesinger.

UPCOMING EVENTS

IVCH FALL FITNESS 5K – OCTOBER 13

The annual 5K run through the streets of Peru sponsored by the Center for Physical Rehabilitation and Aquatics gets underway at 9 a.m. Saturday, October 13, in Washington Park. The entry fee is \$20 if received before October 9, \$25 thereafter and on race day. T-shirts will be given to the first 200 registered participants. The quickest way to register and pay the entry fee is online at runsignup.com/ivch5k. A post-race pie feast is always one of the highlights of this event.

MY TREASURE CHEST WORKSHOP – OCTOBER 13

Children ages six through 14 who have experienced the death of a family member or someone else close to them are invited to attend the “My Treasure Chest” workshop being planned by Illinois Valley Hospice. Led by hospice social workers Dawn Moutray and Lisa Casford and scheduled for 10 a.m.-1 p.m. Saturday, October 13, in the IVCH Sixth Street office building, the workshop is an activity that allows children to remember their loved ones by creating their own unique treasure chest of memories. There is no charge to attend. Call the hospice office at 815-224-1307 to register or for more information.

2018 IVCH FOUNDATION GOLF SCRAMBLE A SUCCESS



Jane Friel and Dori Bonnell were two of the more than 20 employee volunteers who helped make the September 14 IVCH Foundation Golf Scramble a success. The event was a fundraiser to help the Foundation obtain a new digital mammography system for the hospital. Look for more information and photos in next month's *Everybody's Business*.



OCTOBER BIRTHDAYS

- 2 Cassie Essl, ICU
- 3 Tommy Hobbs, Administration
- 4 Anna Hernandez, Occupational Health
- 4 Dr. Mario Cote, Peru Medical Clinic
- 5 Lisa Casford, Hospice
- 5 Dr. Thomas George, Hospitalist
- 5 Miranda Reinhardt, Nutritional Counseling
- 6 Amanda Illingworth, Peru Medical Clinic
- 6 Mary Insko, Peru Primary Care
- 6 Abigail Happ, 2-3 South
- 7 Carrie Burr, Day Surgery
- 7 Victoria Strait, Diagnostic Imaging
- 7 Mariaelvira Secundino, Hygienic Institute
- 7 Lora Calbow, Surgery
- 7 Tara Murillo, Utilization Review
- 8 Alexandra Rene Rubio, Laboratory
- 9 Rebecca Suarez, ER
- 9 Stephanie Holmes, LaSalle Medical Clinic
- 10 Janet Unzicker, Laboratory
- 11 Angela Strand, Laboratory
- 11 Penny Zurinski, 3 South
- 11 Mary Jaegle, Nursing Administration
- 11 Sara Ghighi, OB
- 11 Jill Peters, Special Procedures
- 11 Mary Schmitz, Transitional Care
- 12 Hope Ingram, ER
- 12 Dr. Anju Patel, Peru Primary Care Clinic
- 13 Carl Hendry, Transport Services
- 14 Lisa Lynch, General Accounting
- 14 Harry Weide, Maintenance
- 14 Charles Zulz, Pastoral Care
- 14 Jennifer Spear, Physical Rehab Services
- 16 Sylvia Twardowski, 2-3 South
- 16 Patricia Blackburn, Oglesby Medical Clinic
- 16 Angela Pikula, 2-3 South
- 17 Alondra Salinas, Hygienic Institute
- 17 Edward Webster, Maintenance
- 17 Lynda Moshage, Community Outreach
- 17 Vicky Foster, Patient Access
- 17 Maelee Bade, Women's Health Care Center
- 19 Rebecca Helm, Patient Access
- 19 Lori Tonozzi, Pharmacy
- 20 Barbara Schmitz, Clinic
- 20 Christine Catalanello, Patient Access
- 22 Brandy Wehr, HIM
- 22 Karen Grubar, Hygienic Institute
- 23 Mary Bartoli, Physical Rehab Services
- 24 Ella Westphal, Laboratory
- 25 Ashleigh Newmarker, 2-3 South
- 26 Marsha Roliardi, Lobby Shoppe
- 27 Vicki O'Brien Martin, EKG/Cardiac Rehab
- 27 Jennifer Sangston, ENT & Allergy Clinic
- 27 Melissa Jackson-Budach, OB
- 27 Amber Huffaker, Physical Rehab Services
- 29 Anaalicia Arteaga, Diagnostic Imaging
- 29 Lexanne Jarosz, Oglesby Medical Clinic
- 29 Judith Price, 2-3 South
- 30 Donald Freundt, Physical Rehab Services
- 31 Megan Hochstatter, 2-3 South